



December 9, 2021 :: Vol. 4, Issue 45



Lake Union HERALD

THIS WEEK

AROUND THE UNION



Finding his voice: How an Andrews University music professor overcame a childhood stutter

BERRIEN SPRINGS — Great music requires both spontaneity and conformance to the rules, according to Stephen Zork.

[Read More](#)



Andrews University Seminary receives Lilly Endowment Grant

Andrews University is pleased to announce that it has received a five-year grant of \$997,444 from Lilly Endowment Inc. to help the Seventh-day Adventist Theological Seminary (SDATS) strengthen the ability of pastors to serve effectively in urban settings.

[Read More](#)



Commentary: United in love

November 9 of last year was an unforgettable day for me and the members of the Berrien Springs Hispanic Church. On that day a consolation and memorial service was held for those who knew and loved Brother Arnaldo Contreras. His friends knew him as "The Brother." Arnaldo had died unexpectedly two weeks after being discharged from the hospital, having reportedly recovered from COVID-19.

[Corrected Link](#)



Can you help us with a story?

We're looking for past students whose lives were greatly impacted by one-room Lake Union teachers.

[Email Us](#)

IN THE NEWS

Volunteers distribute good cheer and food along with water to City of Benton Harbor residents

At Harbor of Hope Seventh-day Adventist Church, volunteers come from all walks of life and have come together to form a family atmosphere where they support one another, said Jharony Gibbs, Harbor of Hope Youth pastor.

"The volunteers that come out to bless us and the residents who come for water make this a very positive experience for all," said Gibbs. "There is so much positive energy."

[Read More](#)

ADDITIONAL NEWS & INFORMATION

GENERAL CONFERENCE

Youth Alive Program Equips Young People To Reach New Communities Around The World

Centered around an online portal filled with training and resources, [Youth Alive is structured to create and build relationships](#) in small-

How Can You Discover Your Spiritual Gifts?

[Learn how to identify and foster spiritual gifts in yourself and others](#)

Does Revival and Reformation Still Matter Today?

President of the Seventh-day Adventist Church, Ted N.C. Wilson, shares about [Revival and Reformation](#) during Stewardship Revival Week.

NORTH AMERICAN DIVISION

Desperate Give, and the Real Take

Message magazine's work often puts it [right in the middle of a desperate give and take.](#)

A Kindness Repaid

[Love Ties Two Christian Congregations Together For 25 Years](#)

Passing on a Passion for Fitness

Married Couple and former Union College students [support new fitness center in campus's new AdventHealth Complex.](#)

Five Lessons Learned During the COVID-19 Delta Surge

AdventHealth Central Florida Division physician leaders published [findings related to pandemic learnings](#) that improved outcomes.

ADVENTHEALTH

Headaches 101

[Headaches can be a real pain](#), but when is a headache just a headache and when is it something more serious?



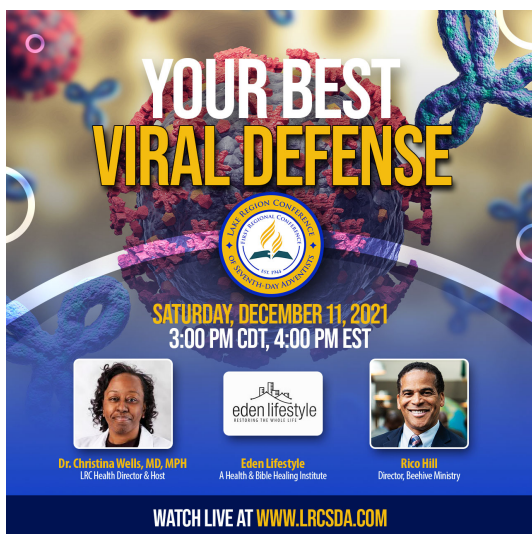
Our United Cry early bird ending

Are you seeking revival in your prayer experience? The Lake Union Conference would like to invite you to our annual **"Our United Cry: One with God, One with Each Other"** this coming **March 11-12, 2022** with speakers Mark Finley, G. Alexander Bryant, Deeann Bradgraw, Jerry Saraun, and Chanda Nunes.

Reflection and emphasis will be given throughout this weekend to fulfill the prayer of our Lord expressed in John 17 that His people be one with Him and with each other.

The Early Bird fee of \$55 ends December 15!

[Register today](#)



Join the Lake Region Health & Ministry for "Your Best Viral Deference" this coming Sabbath, **December 11, 2021, at 3 pm (CST)**. Speakers include Lake Region health director and host Dr. Christina Wells, MD, MPH, Beehive Ministry director Rico Hill, and health and Bible healing institute Eden Lifestyle.

Watch LIVE at [LRCSDA.com](http://www.lrcsda.com)

Advent is a time to reflect on the appearing of Christ at a time when the world desperately needed Him. This Advent season, we invite you to allow the **Music of Advent** to care for you – body, mind and spirit – at a time when soothing sounds can meet our need for peace



leads us in a celebration of the Music of Advent. Watch the weekly messages in your email: Nov. 29, Dec. 6, 13, 20. To sign up, click [here](#).



The Holidays are here and so is the stress that comes with all the rituals that are part of our holiday festivities. Although the holidays often bring families together, these gatherings and preparations leading to those special family moments often carry a heavy emotional price tag for many. Tips for Great Holiday Health is brought to you by the Berean Adventist Church with a panel of health professionals who will share how to enjoy the holidays and remain in a place of physical and emotional balance on **December 11, 2021 from 3-4 pm (EST)**.



VOLUNTEERS NEEDED!

Your Best Pathway to Health Mega Clinic is coming to Indianapolis, April 14-21, 2022 and they need your help! Volunteer positions for cardiologists, dentists, podiatrists, interpreters, patient assistants and registration, and more are all open. Volunteer today.



Find revival and reformation through the power of the Holy Spirit during **Ten Days of Prayer January 5-15**. As you pray through the three angels' messages, may they shine with new relevance and lead you and your prayer group into a deeper experience with Jesus.

Join at <https://tendaysofprayer.org/>

Registration is open!

Every two years, senior youth & young adults ages 16-35 in the Lake



for evangelism back in their local churches and communities. **The Youth Evangelism Congress will be hosted in Shipshewana, Ind., on Feb. 18-20, 2022. [Register today.](#)**



Save the Date: June 3-4, 2022

Next year marks the 150th anniversary of Battle Creek Academy! To celebrate this monumental achievement, BCA will combine Alumni Weekend with the celebration.



Project Safe Church exists to train leaders to take protective action in response to the systemic crisis of abuse in the Seventh-day Adventist church. The Project involves training pastors and church leaders to create a visible reporting mechanism, as well as the ability to connect victims with trained practitioners.

Visit the [Project Safe Church website](#) for more information.



If you know of a student about to attend or is already on a public university campus in the Lake Union, you should reach out to the conference representative for help in providing an anchor in the young person's faith journey.

Visit our [website](#) for a list of conference representatives.

HERALD

NOVEMBER/DECEMBER 2021

E=MC²

Evangelism = Mission x Community²

The Audacious Youth Evangelism Experiment

ILLINOIS MEMBERS
ILLINOIS FOCUS
INSIDE

As the pandemic continues to cause production and delivery delays, we continue to work diligently to bring you news and stories from across the Lake Union. If you haven't received this month's Herald, you can have access to all our digital content on our website.

[Read More Online](#)

Video of the Week



Sleep in Heavenly Peace, a local non-profit, with the help of Chad Barnard, Michigan Conference Youth Director, and volunteers built beds and donated mattresses to give more than 80 children in the Metro Detroit area a bed to sleep in.

**Thanks for reading the *Lake Union Herald* newsletter.
Tell your friends to follow along by signing up [here](#).**

Don't forget to check out our [Vimeo](#) channel and visit the *Herald* [website](#) for the latest news and information.

We're open to your feedback. If you really like something we're doing on here — or really don't — or have ideas that can help shape our newsletter, let us know. We're all ears. . . Email us your thoughts at herald@lakeunion.org.

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Lake Union Herald

8450 M 139 | P.O. Box 287 Berrien Springs, MI 49103

Debbie Michel, director of Communication

Felicia Tonga, media specialist

Katie Fellows, Communication specialist

Our website address is:

www.lakeunionherald.org

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