



# Lake Union HERALD

THIS WEEK

## AROUND THE UNION



### The joys of flying

An aspiring pilot searches for the meaning of happiness. After a life-altering accident Angela Coppock never lost hope of one day recovering and living out her dream of flying.

[Read More](#)



## to explore its institutional history

The Council of Independent Colleges (CIC) has awarded Andrews University a "Reframing the Institutional Saga" grant for \$38,800 through CIC's Network for Vocation in Undergraduate Education (NetVUE).

[Read More](#)



## Andrews archaeologist on major Egyptian project

An Andrews University staff member and archaeologist recently spent two weeks as an expert field epigraphist, carefully documenting each hieroglyph from one of the most famous inscriptions in Egyptian archaeology.

[Read More](#)

## ADDITIONAL NEWS & INFORMATION

### GENERAL CONFERENCE

#### **Global Bible reading plan and 10 Days of Prayer event encourage Adventists to start 2022 with a spiritual focus**

When asked about the purpose of this year's theme, Walter explains that [many Adventists struggle to understand how the three angels' messages relate to them personally.](#)

#### **Hospitals in Nepal Join ADRA to Roll Out COVID-19 Vaccine Campaigns**

"[Vaccine hesitancy and the fear of contacting the virus has kept many people at home,](#)" says Leighton Fletcher, ADRA's country director in Nepal.

#### **Pay Attention to the Bright Side of Life**

[Time is valuable, and we need to choose well how we use each minute](#)

### NORTH AMERICAN DIVISION

#### **NAD's Top 10 Stories of 2021**

[Visit the top 10 NAD stories most-visited articles in 2021.](#)



[How two Adventist entrepreneurs are sharing food, hope, and the health message through their Massachusetts cafés.](#)

### **AdventHealth University Imaging Studies Students Receive Prestigious National Scholarship**

Victoria Browder and Jasmina Kozenjic, students at AdventHealth University in Orlando, Florida, are [two of 16 national recipients of a Lambda Nu scholarship.](#)

### **Devastation Widespread After Wildfires Burn Through Portions of Colorado**

At a Dec. 31 morning press conference, Governor Polis said [Avista Adventist Hospital would be out of commission for days or weeks.](#)

## **ADVENTHEALTH**

### **How “Springing Forward” Affects Your Mental Health**

[The term “springing forward” sounds upbeat and progressive.](#) But for many of us, springing forward — setting the clocks ahead by one hour at the beginning of every spring — is a dreadful thought, bringing to mind shifting schedules and losing precious sleep.

## EVENTS AND RESOURCES



**Find revival and reformation through the power of the Holy Spirit during Ten Days of Prayer January 5-15.**

Join at <https://tendaysofprayer.org/>



**Are you seeking revival in your prayer experience?**

Join the Lake Union Conference for our annual prayer conference **March 11-12, 2022** with speakers Mark Finley, G. Alexander Bryant, Deeann Bradgraw, Jerry Saraun, and Chanda Nunes.

**Register now** for \$65 before registration closes February 8, 2022.



**Every two years, senior youth & young adults ages 16-35 in the Lake Union Conference gather to be empowered and receive resources for local evangelism.**

**WHAT:** Youth Evangelism Congress

**WHEN:** Feb. 18-20, 2022

**WHERE:** Shipshewana, Indiana

[REGISTER TODAY](#)

**Your Best Pathway to Mega-Health Clinic heads to Indianapolis, April 14-**

# Pathway to Health

LUCAS OIL STADIUM, INDIANAPOLIS | April 14–21, 2022

**Volunteers Needed**

[www.pathwaytohealth.org](http://www.pathwaytohealth.org)  
[contact@ybpth.org](mailto:contact@ybpth.org) | 423.641.6830

Give back to an under-served community by sharing the love of God and providing physical, mental, and spiritual needs.

Licensed dental, medical & vision, and support/general role volunteers needed.



## Save the Date: June 3-4, 2022

This year marks the 150th anniversary of Battle Creek Academy.

BCA will combine Alumni Weekend to mark this monumental celebration.

ADVENTIST CONFERENCE ON FAMILY RESEARCH AND PRACTICE

# Life in the Blender

CULTIVATING RESILIENCE IN FAMILIES

**KEYNOTE SPEAKERS 2022**

**RON L. DEAL**  
 Ron L. Deal is President of Smart Stepfamilies™ and Director of Family (in Blended)™, a division of FamilyLife®. He is a family ministry consultant and conducts marriage and family seminars around the country. He specializes in marriage education and stepfamily enrichment. He is a leading national expert and the most widely read author on blended families in the country. Ron is author of the bestselling book, *The Smart Stepfamily: Seven Steps to a Healthy Family* and DVD series, his newest book is *The Smart Stepfamily Guide to Financial Planning*.

**RHONDA SPENCER-HWANG, DRPH, MPH, CWP**  
 Rhonda Spencer-Hwang, DrPH, MPH, CWP is an Associate Professor and Epidemiologist in the Center for Innovation and Strategy within the School of Public Health at Loma Linda University (LLU). Dr. Spencer has been conducting groundbreaking research over the past eight years studying Adventist centenarians and is one of the first to identify a community of resilient members despite their tremendous burden of adverse childhood experiences (ACEs)—a Resilience Capital region. She has her debut book, *Raising Resilient Kids*, published in 2021 with Tyndale Publishing House.

**DR. ELIZABETH VIERA TALBOT, PH.D.**  
 Dr. Elizabeth Viera Talbot, Ph.D., is the Speaker/Instructor for the Jesus 101 Biblical Institute, a media ministry of the North American Division of SDA, designed to offer in-depth Christ centered biblical studies resources. Elizabeth is regularly featured on Hope Channel and Esperanza TV (Lima, Peru) Jesus 101 classes, and on several international TV channels and other social media venues, as well as radio stations throughout the world. Elizabeth wrote the 2020 NAD devotional book entitled, "JESUS WINS!"

REGISTRATION	REGULAR	LATE
Professors	\$40	\$60
Student	\$25	\$35
CEU	\$10	\$10

INFORMATION/REGISTRATION: [www.acfrp.org](http://www.acfrp.org) CONTACT: [service@adventistsource.org](mailto:service@adventistsource.org)

**JULY 21-23, 2022**

Adventist Family Ministries | Andrews University

You are invited to the "Life in the Blender: Cultivating Resilience in Families" conference on July 21-23, 2022.

Keynote speakers include Ron L. Deal, Rhonda Spencer-Hwang (DrPH, MPH, CWP), and Dr. Elizabeth Viera Talbot, PH.D.

For more information or to register, visit [acfrp.org](http://acfrp.org).

**'TIL HE COMES:**  
 Special Memorial Medallions Honor Service of Seventh-day Adventists

**Medallions are available to those who dedicated their lives to full-time gospel or educational ministry in the Seventh-day Adventist Church.**

For more information, please contact Vicki Thompson at [Vicki.Thompson@lakeunion.org](mailto:Vicki.Thompson@lakeunion.org) or call 269-473-8221.



**Do you belong to a Pathfinder Club?** The North American Division wants to know how they can best support Pathfinder Club leaders. Please fill out this survey to let your voice be heard.

[Start the Pathfinder Club Survey](#)

**Pathfinder Club Survey**

**Project Safe Church exists to train leaders to take action in response to the systemic crisis**



# PROJECT SAFE CHURCH

involves training pastors and church leaders to create a visible reporting mechanism, as well as the ability to connect victims with trained practitioners.

Visit the [Project Safe Church website](#) for more information.



**If you know of a student about to attend or is already on a public university campus in the Lake Union,** you should reach out to the conference representative for help in providing an anchor in the young person's faith journey.

Visit our [website](#) for a list of conference representatives.

## What's inside the *Herald*



As the pandemic continues to cause production and delivery delays, we continue to work diligently to bring you news and stories from across the Lake Union. If you haven't received this month's Herald, you can access all digital content on our website.

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Thanks for reading the *Lake Union Herald* newsletter.  
Tell your friends to follow along by signing up [here](#).

Don't forget to check out our [Vimeo](#) channel and visit the *Herald* [website](#) for the latest news and information.

We're open to your feedback. If you really like something we're doing on here — or really don't — or have ideas that can help shape our newsletter, let us know. We're all ears. . . Email us your thoughts at [herald@lakeunion.org](mailto:herald@lakeunion.org).

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